

Autumn Fruit Salad

With Cinnamon Greek Yogurt Dressing

Ingredients

Fruit Salad:

2 medium pears, diced
2 medium apples, diced
1 cup red grapes

Cinnamon Greek Dressing:

1/3 cup Greek yogurt
2 Tbsp. maple syrup
1/2 tsp. vanilla
1/2 tsp. pumpkin pie spice
1/3 cup pecans, chopped *optional



Directions

1. Place pears, apples, and grapes in a large bowl. Toss gently to combine. Set aside.
2. To a small bowl, add the yogurt, maple syrup, vanilla, cinnamon, and nutmeg. Use a wire whisk to blend well.
3. Drizzle dressing over the fruit. Toss gently until fruit is coated. Scoop into bowls and sprinkle with pecans. Serve immediately.

